

# Applied Behavior Analysis (ABA)

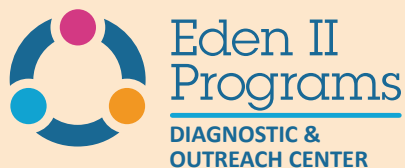
ABA Therapy uses basic principles of behavior to bring about meaningful and lasting changes in the skills and behavior of individuals with autism. ABA Therapy is based on decades of scientific research and has received endorsements from several state and federal agencies including, the US Surgeon General, Autism Speaks, and the American Academy of Pediatrics.

ABA Therapy consists of the following treatment options:

- ◆ **Comprehensive** early intensive behavioral intervention services to relieve the core symptoms of autism.
- ◆ **Focused Treatments** to reduce challenging behaviors associated with autism spectrum disorders such as stereotypy, non-compliance and tantrums.
- ◆ **Focused Treatments** to increase functional independence across a variety of skill areas such as toileting, feeding and leisure.
- ◆ **Focused Treatments** to improve overall communication skills regardless of an individual's current communication abilities.
- ◆ **Social Skills Groups** to address troubles establishing and maintaining relationships with peers.

ABA Therapy is provided at the "location of need" which may include the individual's home or school, the community, or a specialized treatment setting. All ABA Therapy programs are developed and supervised by Licensed and Board Certified Behavior Analysts (BCBA) with significant experience working with individuals on the spectrum.

Most health insurance plans in New York are now required by law to cover up to 680 hours per year of ABA Therapy for individuals with autism. The Eden II Programs Diagnostic and Outreach Center works with all eligible insurance plans for the ABA Therapy program and was one of the first agencies in the region to begin working with health insurance for ABA Therapy.



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